Appendix 5							
Sport							
Professional area	Sports coaching	ports coaching					
Name of standard occupation / Target group	Coach of participati	Coach of participation oriented players (children/adolescents/adults)					
Other equivalent names (if any)	Trainer	rainer					
Definition of the role	Predominantly coaches people of all ages to enjoy participation in sport						
Long Term Coach Development Label		APPRENTICE COACH	СОАСН	EXPERT COACH	MASTER COACH		
Main role		Assist more qualified coaches, delivering aspects of coaching sessions, normally under supervision	Prepare for, deliver, and review coaching sessions	Plan, implement, analyse and revise annual coaching programmes	Plan, implement, analyse and revise pluri-annual coaching programmes		
Coaching e	xperience	This coach has little or no experience in coaching sportspeople at this level.	This coach has a relative short experience in coaching sportspeople at this level.	This coach has a considerable experience in coaching sportspeople at this level.	This coach has a solid experience in coaching sports people at this level.		
Positioning		This coach reports to the rest of the coaches in the structure but directly to the assistant coach.	This coach directs assistant coaches and reports to the expert or master coach.	This coach directs assistant and coaches, and reports to the master coach.	This coach directs all coaches and does not report to any coach in the structure.		
Responsibility		This coach has limited or no responsibility in the coaching process.	This coach has limited to considerable amount of responsibility in the coaching process.	This coach has full or considerable responsibility in the coaching process.	This coach has full or total responsibility in the coaching process.		
	App. Age	16 years old	18 years old	18 years or older	N/A		
Entry requirements	Skill level	N/A	Basic skill level	Intermediate-Advanced Skill Level	Intermediate-Advanced Skill Level		
	Academic level Experience	Basic studies N/A	Primary studies Relevant	Secondary studies Important	Secondary studies Fundamental		
Career per		To become an assistant coach.	To become an expert coach.	To become a master coach, sports tutor, sports researcher, sports manager.	To become a sports tutor, sports researcher, sports manager.		
Tutors		A minimum of a Coach qualification is required to be tutor of sport specific disciplines in assistant coaches courses. A minimum of BA in the relevant sport science is required to be tutor of sport science disciplines in these courses.	A minimum of a expert coach qualification is required to be tutor of sport specific disciplines in coaches courses. A minimum of BA in the relevant sport science is required to be tutor of sport science disciplines in these courses.	A minimum of a master coach qualification is required to be tutor of sport specific disciplines in coaches courses. A minimum of BA in the relevant sport science is required to be tutor of sport science disciplines in these courses. A masters degree is recommended.	A minimum of a master coach qualification is required to be tutor of sport specific disciplines in coaches courses. A minimum of BA in the relevant sport science is required to be tutor of sport science disciplines in these courses. A masters or Ph.D. degree is recommended.		
Resources		General manuals and other resources (DVDs, etc.) on coaching which include basic sport science information related to generalities of sports and some specific issues as per the given sport.	General manuals and other resources (DVDs, etc,) on coaching which include specific sport science information and specific issues as per the given sport.	Specific manuals and other resources (DVDs, etc,) on coaching which include specific sport science information and specific issues as per the specific sport. Research articles in the given sport.	Specific manuals and other resources (DVDs, etc.) on coaching which include specific sport science information and specific issues as per the given sport. Research articles in the specific sport and in other sports.		
Contents / Modules / Units		Basic knowledge of: 1. Knowledge of the sport (rules, regulations, equipment, facilities, competitions). 2. Knowledge of people (athletes, coaches, parents, colleagues, etc.). 3. Sports science (pedagogy, psychology, biomechanics, medicine, first aid, injury, physical conditioning, training theory).	General knowledge of: 1. Knowledge of the sport (rules, regulations, equipment, facilities, competitions). 2. Knowledge of people (athletes, coaches, parents, colleagues, media, etc.). 3. Sports science (pedagogy, psychology, biomechanics, medicine, first aid, injury, physical conditioning, training theory, periodisation).	Comprehensive knowledge of: 1. Knowledge of the sport (rules, regulations, equipment, facilities, competitions). 2. Knowledge of people (athletes, coaches, parents, colleagues, media, officials, agents, etc.). 3. Sports science (pedagogy, psychology, biomechanics, medicine, first aid, injury, physical conditioning, training theory, periodisation, sociology, marketing, history).	Complete knowledge of: 1. Knowledge of the sport (rules, regulations, equipment, facilities, competitions). 2. Knowledge of people (athletes, coaches, parents, colleagues, media, officials, agents, etc.). 3. Sports science (pedagogy, psychology, biomechanics, medicine, first aid, injury, physical conditioning, training theory, periodisation, sociology, marketing, history, management).4. Research methods		
Learning methods		Formal learning (tutor contact hours, distance learning, e-learning, supervised practice). Recognition of accredited prior learning (coaching experience, playing experience, educational experience).	Formal learning (tutor contact hours, distance learning, e-learning, supervised practice). Recognition of accredited prior learning (coaching experience, playing experience, educational experience)	Formal learning (tutor contact hours, distance learning, e-learning, supervised practice). Recognition of accredited prior learning (coaching experience, playing experience, educational experience)	Formal learning (tutor contact hours, distance learning, e-learning, supervised practice). Recognition of accredited prior learning (coaching experience, playing experience, educational experience)		
Assessment types		Practical (coaching session, skill test) or theoretical tests where applicable.	Practical (coaching session, skill test) or theoretical tests where applicable.	Practical (coaching session, skill test) or theoretical tests where applicable. Possible post-course paper.	Practical (coaching session, skill test) or theoretical tests where applicable. Post-course research paper.		

Number of credits (1 Credit = 25 hours) ??????		4	8	16	32
Quality control		Provided by education and training regulatory bodies. Sports coaching education recognised agencies and national sports coaching authorities.	Provided by educational and sectoral regulatory bodies, as well as by expert review based on institutional or sector based agreements. Sports coaching education recognised agencies and national sports coaching authorities.	Provided by expert evaluation coupled by institutional procedural requirements usually involving a third party review. Sports coaching education recognised agencies and national sports coaching authorities.	Provided by expert peer review and evaluation coupled with institutional procedural requirements.Sports coaching education recognised agencies and national sports coaching authorities.
Activities/job functions	Tasks	Learning Outcome - Competency 1: Skills (Know- how)	Learning Outcome - Competency 1: Skills (Know- how)	Learning Outcome - Competency 1: Skills (Know- how)	Learning Outcome - Competency 1: Skills (Know- how)
General Skills	General	This coach is able to use basic skills to carry out simple tasks or in which action is governed by rules defining routines and strategies. The coach can select and apply basic methods, tools and materials	This coach is able to use a range of specific and practical skills to carry out tasks through the personal interpretation of the selection and adjustement of methods, tools and materials. The coach can evaluate different approaches to tasks and outcomes in terms of strategic approach used.	This coach is able to develop strategic and creative responses in researching solutions to problems demonstrating innovative methods and mastery of tools in a specialised field. The coach can demonstrate transfer of theoretical and practical knowledge in creating solutions to problems and devise and sustain arguments to solve problems.	This coach is able to diagnose problems by integrating knowledge from new fields and make judgements with limited information. The coach can develop new skills in response to emerging knowledge and techniques, as well as research, conceive, design, implement and adapt projects that lead to new knowledge and procedural solutions.
	Plan	This coach has no skills applicable for this task under this activity.	This coach is able to design training session plans (mostly technical and tactical), based on sportspeople characteristics, sports discipline demands, and sports science principles, and help more experienced and qualified coaches in the design of annual training plans.	This coach is able to design training sessions plans (technical, tactical, physical and mental) and annual training plans (mostly technical and tactical), based on sportspeople characteristics, sports discipline demands, and sports science principles, and help more experienced and qualified coaches in the design of pluri-annual training plans (physical and mental).	This coach is able to design training sessions plans (technical, tactical, physical and mental) and annual, and pluri-annual training plans (technical, tactical, physical and mental) based on sportspeople characteristics, sports discipline demands, and sports science principles.
Training	Organise	This coach is able to organise the sportspeople, and the equipment and the facilities needed for the training session under supervision while ensuring a safe environment.	This coach is able to organise the sportspeople, and the equipment and the facilities needed for the training while ensuring a safe environment.	This coach is able to organise the sportspeople, and the equipment and the facilities needed for the training while ensuring a safe environment.	This coach is able to organise the sportspeople, and the equipment and the facilities needed for the training while ensuring a safe environment.
	Conduct	This coach is able to conduct the training of sportspeople at this level under supervision while ensuring a safe environment.	This coach is able to conduct the training of sports people at this level while ensuring a safe environment.	This coach is able to conduct the training of sports people at this level while ensuring a safe environment.	This coach is able to conduct the training of sports people at this level while ensuring a safe environment.
	Evaluate	This coach is able to evaluate the training of sportspeople at this level under supervision.	This coach is able to evaluate the training of sportspeople at this level under supervision.	This coach is able to evaluate the training of sports people at this level.	This coach is able to evaluate the training of sports people at this level.
Competition	Plan	This coach has no skills applicable for this task under this activity.	This coach is able to design match and tournament/event plans and schedules based on sportspeople characteristics, sports discipline demands, and sports science principles, and help more experienced and qualified coaches in the design of annual competition plans.	This coach is able to design match and tournament/event as well as annual competition plans and schedules based on sportspeople characteristics, sports discipline demands, and sports science principles, and help more experienced and qualified coaches in the design of pluri-annual competition plans.	This coach is able to design match and tournament/event, annual and pluri-annual competition plans and schedules based on sportspeople characteristics, sports discipline demands, and sports science principles.
	Organise	This coach is able to organise the sportspeople, and the equipment and the facilities, as well as decide on the rules and regulations needed for the competition under supervision while ensuring a safe environment.	This coach is able to organise the sportspeople, and the equipment and the facilities needed for the competition while ensuring a safe environment. This coach is also able to decide on the rules and regulations for the competition under supervision.	This coach is able to organise the sportspeople, and the equipment and the facilities, as well as decide on the rules and regulations needed for the competition while ensuring a safe environment.	This coach is able to organise the sportspeople, and the equipment and the facilities, as well as decide on the rules and regulations needed for the competition while ensuring a safe environment.
	Conduct	This coach is able to conduct the competition of sportspeople at this level under supervision while ensuring a safe environment.	This coach is able to conduct the competition of sports people at this level while ensuring a safe environment and respecting the rules and regulations.	This coach is able to conduct the competition of sports people at this level while ensuring a safe environment and respecting the rules and regulations.	This coach is able to conduct the competition of sports people at this level while ensuring a safe environment and respecting the rules and regulations.
	Evaluate	This coach is able to evaluate the issues related to the competition of sportspeople at this level under supervision.	This coach is able to generally evaluate the issues related to the competition of sportspeople at this level.	This coach is able to evaluate in depth the issues related to the competition of sportspeople at this level.	This coach is able to evaluate in depth the issues related to the competition of sportspeople at this level.
	Plan	This coach has no skills applicable for this task under this activity.	This coach is able to plan the management of the players participation, the other coaches, the integration of sport science experts, and all people related to the sports organisation under supervision.	This coach is able to plan the management of the players participation, the other coaches, the integration of sport science experts, and all people related to the sports organisation.	This coach is able to plan the management of the players participation, the other coaches, the integration of sport science experts, and all people related to the sports organisation.
Management	Organise	This coach has no skills applicable for this task under this activity.	This coach is able to organise the management of the players participation, the other coaches, the integration of sport science experts, and all people related to the sports organisation under supervision.	This coach is able to organise the management of the players participation, the other coaches, the integration of sport science experts, and all people related to the sports organisation.	This coach is able to organise the management of the players participation, the other coaches, the integration of sport science experts, and all people related to the sports organisation.

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			This coach is able to manage the players	This coach is able to manage the players	This coach is able to manage the players
	Conduct	This coach has no skills applicable for this task	participation, the other coaches, the integration of	participation, the other coaches, the integration of	participation, the coaches, the integration of sport
		under this activity.	sport science experts, and all people related to the	sport science experts, and all people related to the	science experts, and all people related to the sports
			sports organisation under supervision.	sports organisation.	organisation.
			This coach is able to evaluate the management	This coach is able to evaluate the management	This coach is able to evaluate the management
		This coach has no skills applicable for this task	process of the players participation, the other	process of the players participation, the other	process of the players participation, the other
	Evaluate	under this activity.	coaches, the integration of sport science experts,	coaches, the integration of sport science experts,	coaches, the integration of sport science experts,
		under une deurity:	and all people related to the sports organisation	and all people related to the sports organisation	and all people related to the sports organisation
			under supervision.		1 1 0
		This coach has no skills applicable for this task	This coach is able to plan the education of the	This coach is able to plan the education of the	This coach is able to plan the education of the
	Plan	under this activity.	sportspeople and of the novice coaches under	sportspeople and of the novice and assistant	sportspeople, of the rest of the coaches, and other
		under tills activity.	supervision.	coaches, and of other related people (parents).	related people (parents) and experts.
		This coach has no skills applicable for this task	This coach is able to organise the education of the	This coach is able to organise the education of the	This coach is able to organise the education of the
	Organise	under this activity.	sportspeople and of the novice coaches under	sportspeople and of the novice and assistant	sportspeople, of the rest of the coaches, and other
		under this activity.	supervision.	coaches, and of other related people (parents).	related people (parents) and experts.
Education		This coach has no skills applicable for this task	This coach is able to educate the sportspeople and	This coach is able to educate the sportspeople, the	This coach is able to educate the sportspeople, the
	Conduct	under this activity.	the novice coaches under supervision.	novice and assistant coaches, and other related	rest of the coaches, and other related people
		under this activity.	the novice coaches under supervision.	people (parents).	(parents) and experts.
			This coach is able to evaluate the educational	This coach is able to evaluate the educational	This coach is able to evaluate the educational
	Evaluate	This coach has no skills applicable for this task	process of the sportspeople and the novice coaches	process of the sportspeople, the novice and	process of the sportspeople, the rest of the coaches,
	Lvaluate	under this activity.	under supervision.	assistant coaches, and other related people	and other related people (parents) and experts.
			under supervision.	(parents).	and other related people (parents) and expens.
Activities/job	Tasks	Learning Outcome - Competency 2: Knowledge	Learning Outcome - Competency 2: Knowledge	Learning Outcome - Competency 2: Knowledge	Learning Outcome - Competency 2: Knowledge
functions	TASKS	(know-what)	(know-what)	(know-what)	(know-what)
				This coach can use broad and detailed theoretical	This coach uses highly specialised theoretical and
			This coach applies a wide range of practical and	and practical knowledge specialised in coaching and	practical knowledge some of which is at the forefront
		This coach can recall and comprehend basic general	theoretical knowledge that includes proceses,	show awareness of limits to knowledge base. Some	of coaching to critically analyse, evaluate and
General Knowledge	General	knowledge, limited to facts and main ideas when	techniques, materials, instruments, equipment, and	knowledge is at the forefront of coaching and will	synthesise new and complex ideas. The coach can
		working with participation oriented players	terminology. The coach can evaluate outcomes in	involve a critical understanding of theories and	extend or redefine existing knowledge or
			terms of strategic approach used.	principles.	professional practice in coaching.
				philopico.	professional practice in obtaining.
			This coach knows the fundamentals of session	This coach has an in depth knowledge of all the	This coach has an in depth knowledge of all the
			planning (mostly technical and tactical), the basic	principles of session planning (technical, tactical,	principles of session and annual planning (technical,
		This coach has basic general knowledge and main	elements of LTSD related to the level of performance	physical and mental), all the elements of LTSD	tactical, physical and mental), all the elements of
	Plan	ideas on the planning taks for the training activities	of the sportspeople, the basic demands of the sports	related to the level of performance of the	LTSD related to the level of performance of the
		of participation oriented players	discipline, and the fundamental principles of sports	sportspeople, all the demands of the sports	sportspeople, all the demands of the sports
			science.	discipline, and the principles of sports science.	discipline, and the principles of sports science.
			Science.	discipline, and the principles of sports science.	discipline, and the principles of sports science.
		This coach has basic knowledge on group an	This coach has general knowledge on group an	This coach has an in depth knowledge on group an	This coach has an in depth knowledge on group an
		individual organisation, equipment distribution and	individual organisation, equipment distribution and	individual organisation, equipment distribution and	individual organisation, equipment distribution and
	Organise				
		facilities assignment to provide an effective and safe			
		facilities assignment to provide an effective and safe training session	facilities assignment to provide for an effective and	facilities assignment to provide for an effective and	facilities assignment to provide for an effective and
		facilities assignent to provide an effective and safe training session.			
		training session. This coach has a basic knowledge of session	facilities assignment to provide for an effective and safe training session. This coach has a general knowledge of session	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session
		training session. This coach has a basic knowledge of session structure (warm-up, main part, cool down), drill	facilities assignment to provide for an effective and safe training session. This coach has a general knowledge of session structure (warm-up, main part, cool down), drill	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session structure (warm-up, main part, cool down), drill	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session structure (warm-up, main part, cool down), drill
		training session. This coach has a basic knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal	facilities assignment to provide for an effective and safe training session. This coach has a general knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal
		training session. This coach has a basic knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods	facilities assignment to provide for an effective and safe training session. This coach has a general knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods
		training session. This coach has a basic knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety	facilities assignment to provide for an effective and safe training session. This coach has a general knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety
		training session. This coach has a basic knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids,	facilities assignment to provide for an effective and safe training session. This coach has a general knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids,	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids,	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids,
		training session. This coach has a basic knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids, rules, space and facilities (adapted), teaching	facilities assignment to provide for an effective and safe training session. This coach has a general knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids, rules, space and facilities (adapted), teaching	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids, rules, space and facilities (adapted), teaching	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids, rules, space and facilities (adapted), teaching
	Conduct	training session. This coach has a basic knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids, rules, space and facilities (adapted), teaching methodology principles (explanation, demonstration,	facilities assignment to provide for an effective and safe training session. This coach has a general knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids, rules, space and facilities (adapted), teaching methodology principles (explanation, demonstration,	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids, rules, space and facilities (adapted), teaching methodology principles (explanation, demonstration,	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids, rules, space and facilities (adapted), teaching methodology principles (explanation, demonstration,
	Conduct	training session. This coach has a basic knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids, rules, space and facilities (adapted), teaching methodology principles (explanation, demonstration, practice and correction), effective communication	facilities assignment to provide for an effective and safe training session. This coach has a general knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids, rules, space and facilities (adapted), teaching methodology principles (explanation, demonstration, practice and correction), effective communication	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids, rules, space and facilities (adapted), teaching methodology principles (explanation, demonstration, practice and correction), effective communication	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids, rules, space and facilities (adapted), teaching methodology principles (explanation, demonstration, practice and correction), effective communication
Training	Conduct	training session. This coach has a basic knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids, rules, space and facilities (adapted), teaching methodology principles (explanation, demonstration, practice and correction), effective communication procedures (verbal and non-verbal), leadership and	facilities assignment to provide for an effective and safe training session. This coach has a general knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids, rules, space and facilities (adapted), teaching methodology principles (explanation, demonstration, practice and correction), effective communication procedures (verbal and non-verbal), leadership and	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids, rules, space and facilities (adapted), teaching methodology principles (explanation, demonstration, practice and correction), effective communication procedures (verbal and non-verbal), leadership and	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids, rules, space and facilities (adapted), teaching methodology principles (explanation, demonstration, practice and correction), effective communication procedures (verbal and non-verbal), leadership and
Training	Conduct	training session. This coach has a basic knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids, rules, space and facilities (adapted), teaching methodology principles (explanation, demonstration, practice and correction), effective communication procedures (verbal and non-verbal), leadership and coaching styles use (command, co-operative,	facilities assignment to provide for an effective and safe training session. This coach has a general knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids, rules, space and facilities (adapted), teaching methodology principles (explanation, demonstration, practice and correction), effective communication procedures (verbal and non-verbal), leadership and coaching styles use (command, co-operative, etc.),	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids, rules, space and facilities (adapted), teaching methodology principles (explanation, demonstration, practice and correction), effective communication procedures (verbal and non-verbal), leadership and coaching styles use (command, co-operative,	facilities assignment to provide for an effective and safe training session. This coach has an in depth knowledge of session structure (warm-up, main part, cool down), drill progression/adaptation/differentiation (optimal challenge), skill development contents and methods (technical, tactical, physical, mental), safety principles (first aid), use of equipment, teaching aids, rules, space and facilities (adapted), teaching methodology principles (explanation, demonstration, practice and correction), effective communication procedures (verbal and non-verbal), leadership and coaching styles use (command, co-operative,
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		This coach has a basic knowledge of assessment and evaluation procedures of the lesson: creating conditions for diagnosis, using methods of observation of performance, using assessment/diagnosis procedures, using	This coach has a general knowledge of assessment and evaluation procedures of the lesson: creating conditions for diagnosis, using methods of observation of performance, using assessment/diagnosis procedures, using	This coach has an in depth knowledge of assessment and evaluation procedures of the lesson: creating conditions for diagnosis, using methods of observation of performance, using assessment/diagnosis procedures, using	This coach has an in depth knowledge of assessment and evaluation procedures of the lesson: creating conditions for diagnosis, using methods of observation of performance, using assessment/diagnosis procedures, using
	Evaluate	intervention strategies, using feedback principles. This coach also has a basic knowledge of assessment and evaluation procedures of sportspeople: awareness of standards, skill development and contents (technical, tactical, physical and mental), motor learning, as well as the elements included above. This coach has a basic knowledge of self-performance evaluation during training.	intervention strategies, using feedback principles. This coach also has a general knowledge of assessment and evaluation procedures of sportspeople: awareness of standards, skill development and contents (technical, tactical, physical and mental), motor learning, as well as the elements included above. This coach has a general knowledge of self-performance evaluation during training.	intervention strategies, using feedback principles. This coach also has an in depth knowledge of assessment and evaluation procedures of sportspeople: awareness of standards, skill development and contents (technical, tactical, physical and mental), motor learning, as well as the elements included above. This coach has an in depth knowledge of self-performance evaluation during training, and also knows how to evaluate the performance of other coaches.	intervention strategies, using feedback principles. This coach also has an in depth knowledge of assessment and evaluation procedures of sportspeople: awareness of standards, skill development and contents (technical, tactical, physical and mental), motor learning, as well as the elements included above. This coach has in depth knowledge of self-performance evaluation during training, and also knows how to evaluate the performance of other coaches.
Competition	Plan	This coach can recall and comprehend basic general knowledge, limited to facts and main ideas on the planning tasks for the competition activities of participation oriented players	This coach has a general knowledge of match and tournament/event planning and scheduling, of the participation oriented players needs, and the sport science principles (planning, periodisation, nutrition, hydration, recovery, psychology) needed to design match or competition/event plans.	This coach has an in depth knowledge of match and tournament/event planning and scheduling, of the participation oriented players needs, and the sport science principles (planning, periodisation, nutrition, hydration, recovery, psychology) needed to design match or competition/event plans. Additionally, this coach has a general knowledge of the same contents as related to continuous tournament/event planning and scheduling.	This coach has an in depth knowledge of match and tournament/event planning and scheduling, of the participation oriented players needs, and the sport science principles (planning, periodisation, nutrition, hydration, recovery, psychology) needed to design match or competition/event plans. Additionally, this coach has an in depth knowledge of the same contents as related to continuous tournament/event planning and scheduling.
	Organise	This coach has a basic knowledge of competition organisation, equipment and facilities required, sports rules, safety issues, regulations and competition formats needed for the organisation of competition.	This coach has a general knowledge of competition organisation, equipment and facilities required, sports rules, safety issues, regulations and competition formats needed for the organisation of competition.	This coach has an in depth knowledge of competition organisation, equipment and facilities required, sports rules, safety issues, regulations and competition formats needed for the organisation of competition.	This coach has an in depth knowledge of competition organisation, equipment and facilities required, sports rules, safety issues, regulations and competition formats needed for the organisation of competition.
	Conduct	This coach has a basic knowledge of competition implementation, use of equipment and facilities, application of sports rules, safety issues, application of regulations and competition formats needed for conducting competition.	This coach has a general knowledge of competition implementation, use of equipment and facilities, application of sports rules, safety issues, application of regulations and competition formats needed for conducting competition.	This coach has an in depth knowledge of competition implementation, use of equipment and facilities, application of sports rules, safety issues, application of regulations and competition formats needed for conducting competition.	This coach has an in depth knowledge of competition implementation, use of equipment and facilities, application of sports rules, safety issues, application of regulations and competition formats needed for conducting competition.
	Evaluate	This coach has a basic knowledge of competition assessment and evaluation, awareness of competitive standards, competition/match charting systems needed for evaluating competition.	This coach has a general knowledge of competition assessment and evaluation, awareness of competitive standards, competition/match charting systems needed for evaluating competition.	This coach has an in depth knowledge of competition assessment and evaluation, awareness of competitive standards, competition/match charting systems needed for evaluating competition.	This coach has an in depth knowledge of competition assessment and evaluation, awareness of competitive standards, competition/match charting systems needed for evaluating competition.
Management	Plan	This coach can recall and comprehand basic general knowledge, limited to facts and main ideas on the planning taks of the management activities of participation oriented players.	This coach has a general knowledge of planning activities (goal setting, task assignment, etc.) for managing participation oriented players, and a basic knowledge of planning the management of assistant coaches.	This coach has an in depth knowledge of planning activities (goal setting, task assignment, etc.) for managing participation oriented players, and a general knowledge of planning the management of assistant coaches, coaches and other people related	This coach has an in depth knowledge of planning activities (goal setting, task assignment, etc.) for managing participation oriented players, and a general knowledge of planning the management of assistant coaches, coaches and other people related
	Organise	This coach has basic general knowledge on the organisation taks of the management activities of participation oriented players.	This coach has a general knowledge of the organisation of the management of the players participation (motivation, afiliation, etc.), the performance of other coaches (staff analysis and administration), the integration of sport science experts, and all people related to the sports organisation.	This coach has an in depth knowledge of the organisation of the management of the players participation (motivation, afiliation, etc.), the performance of other coaches (staff analysis and administration), the integration of sport science experts, and all people related to the sports organisation.	This coach has an in depth knowledge of the organisation of the management of the players participation (motivation, atiliation, etc.), the performance of other coaches (staff analysis and administration), the integration of sport science experts, and all people related to the sports organisation.
	Conduct	This coach has basic general knowledge on the management of participation oriented players.	This coach has a general knowledge of the management of the players participation (motivation, afiliation, etc.), the performance of other coaches (staff analysis and administration), the integration of sport science experts, and all people related to the sports organisation.	This coach has an in depth knowledge of the management of the players participation (motivation, afiliation, etc.), the performance of other coaches (staff analysis and administration), the integration of sport science experts, and all people related to the sports organisation.	This coach has an in depth knowledge of the management of the players participation (motivation, afiliation, etc.), the performance of other coaches (staff analysis and administration), the integration of sport science experts, and all people related to the sports organisation.
	Evaluate	This coach has basic general knowledge on the evaluation of the management activities of participation oriented players.	This coach has a general knowledge of the evaluation of the management of the players participation (motivation, afiliation, etc.), the performance of other coaches (staff analysis and administration), the integration of sport science experts, and all people related to the sports organisation.	This coach has an in depth knowledge of the evaluation of the management of the players participation (motivation, afiliation, etc.), the performance of other coaches (staff analysis and administration), the integration of sport science experts, and all people related to the sports organisation.	This coach has an in depth knowledge of the evaluation of the management of the players participation (motivation, afiliation, etc.), the performance of other coaches (staff analysis and administration), the integration of sport science experts, and all people related to the sports organisation.

Education	Plan	This coach can recall and comprehand basic general knowledge, limited to facts and main ideas on the planning taks of the educational activities of participation oriented players	This coach has a basic knowledge on the planning activities for the education of participation oriented players and assistant coaches.	This coach has a general knowledge on the planning activities for the education of participation oriented players and assistant coaches, coaches and a basic knowledge on the same activities for other people related to the sport.	This coach has an in depth knowledge on the planning activities for the education of participation oriented players and assistant coaches, coaches, and other people related to the sport.
	Organise	This coach has basic general knowledge on the organisation taks of the educational activities of participation oriented players.	This coach has a basic knowledge on the organisation of educational activities of participation oriented players and assistant coaches.	This coach has a general knowledge on the organisation of the education of participation oriented players and assistant coaches,coaches and a basic knowledge on the same activities for other people related to the sport.	This coach has an in depth knowledge on the organisation of educational activities of participation oriented players and assistant coaches, coaches, and other people related to the sport.
	Conduct	This coach has basic general knowledge on the education of participation oriented players.	This coach has a basic knowledge on the education of participation oriented players and assistant coaches.	This coach has a general knowledge on the education of participation oriented players and assistant coaches, coaches and a basic knowledge on the same activities for other people related to the sport.	This coach has an in depth knowledge on the education of participation oriented players and assistant coaches, coaches, and other people related to the sport.
	Evaluate	This coach has basic general knowledge on the evaluation of the educational activities of participation oriented players.	This coach has a basic knowledge on the evaluation of the educational activities of participation oriented players and assistant coaches.	This coach has a general knowledge on the evaluation activities for the education of participation oriented players and assistant coaches, coaches and a basic knowledge on the same activities for other people related to the sport.	This coach has an in depth knowledge on the evaluation of the educational activities of participation oriented players and assistant coaches, coaches, and other people related to the sport.
Activities/job functions	Types	Learning Outcome - Competency 3: Personal, ethical, professional (to be)	Learning Outcome - Competency 3: Personal, ethical, professional (to be)	Learning Outcome - Competency 3: Personal, ethical, professional (to be)	Learning Outcome - Competency 3: Personal, ethical, professional (to be)
All	Autonomy / responsibility	This coach has little or no autonomy or responsibility. This coach completes work or tasks under direct supervision and demonstrates effectiveness in simple contexts. This coach can take limited responsibility for improvement in performance in work in familiar groups.	This coach has little autonomy or responsibility. This coach can take responsibility for completion of tasks and demonstrate some independence in role in work in stable context but with some changes in factors. This coach can manage role under guidance in predictable work contexts. This coach can supervise routine works of others and can take some responsibility for training and educating other coaches.	This coach has considerable autonomy and responsibility. This coach can manage projects independently that require problem solving. This coach shows creativity and initiative in developing projects and managing people and processes that include review self-performance, trainining others to develop team performance.	This coach has full autonomy and responsibility. This coach demonstrates leadership and innovation in contexts that are new, complex and predictable that require the solving of problems that involve many interacting factors. This coach can review strategic performance of teams.
	Learning	This coach accepts and seeks guidance on learning.	This coach takes responsibility for own learning and demonstrates self-direction in learning	This coach evaluates own learning and identify learning needs.	This coach demonstrates autonomy in the direction of learning, capacity for sustained commitment to development of new ideas or processes, and a high level understanding of learning processes.
	Communication / social	This coach can respond to simple but detailed written and oral communication. The coach can demonstrate social role for self and can adjust it to different social settings.	This coach can produce and respond to detailed written and oral communication even in unfamiliar contexts. The coach can take responsibility for using self understanding to change behaviour.	This coach can communicate ideas, problems and solutions to different audiences using a range of techniques involving qualitative and quantitative information. This coach can express a comprehensive internalised personal world view manifesting solidarity with others.	This coach can communicate project outcomes and methods with authority through engaging in critical dialogue with different audiences. This coach can scrutinise and reflext on social norms and relationships and lead action to change them.
	Professional / vocational	This coach can demonstrate awareness of procedures for solving problems by using the information provided.	This coach can solve problems using and integrating well known information from expert sources taking account of relevant social and ethical issues.	This coach can formulate responses to abstract and concrete problems. The coach can demonstrate experience of operational intereaction within a complex environment. The coach can make judgements based on social and ethical issues that arise in work.	This coach can solve problems by integrating complex, incomplete and unfamiliar knowledge sources. The coach can perform critical analysis, evaluation and systhesis of new and complex ideas and strategic decision making based on these processes. The coach can demonstrate experience of operational integration within a complex environment. The coach can promote social, and ethical advancement through actions.